



**2024 EASTERN KANSAS LEAGUE
CROSS COUNTRY CHAMPIONSHIPS**

Hosted at BVSW High School by Blue Valley Northwest High School

Welcome & thank you for attending the EKL Cross Country Championships, hosted by Blue Valley Northwest High School. We hope you enjoy the experience. Maps will be provided to help everyone with traffic and parking locations. Pass this information on to your parents & fans. PLEASE help by only parking in designated spots.

Date: Thursday, October 17th, 2024

Location: Blue Valley Southwest High School – 17600 Quivira Road, Overland Park, KS 66221

Teams: Bishop Miege, Blue Valley High, Blue Valley North, Blue Valley Northwest, Blue Valley Southwest, Blue Valley West, St. James Academy, St. Thomas Aquinas

Team Packets: Team packets will be available for pick up near the finish line area indicated on the course map. The packets will consist of racing chips, meet information, course maps & box assignments. Packets will be available for pickup at 1:30 PM.

Coaches Meeting: 3:00

Race Schedule:

<u>Race</u>	<u>Time</u>	<u>Entry Limit</u>	<u>Race Distance</u>
JV/C-Team Girls	3:30 pm	Unlimited	5K
JV/C-Team Boys	4:15 pm	Unlimited	5K
Varsity Girls	5:00 pm	10	5K
Varsity Boys	5:30 pm	10	5K

Entrance to the Course & Campsites:

Bus Drop Off- It is best for buses & vans to enter the campus from the north on 175th Street between BVSW & Aubry Bend Middle School. Turn left at the stop sign near the tennis courts & drop off the athletes at the athletic fields entrance.

Parents & Families will need to park in the athletic & south parking lots of Blue Valley Southwest. School lets out at 2:50 PM & getting into or out of the parking lot can be difficult between 2:50 PM and 3:00 PM. please plan accordingly.

Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms. Follow the sidewalk between the baseball & softball fields & turn left to get to the start & finish lines.



Entries/Timing/Entry Fee/Meet Results:

BV Timing will be taking care of the timing for this meet. They will be using a racing chip this year but they will also be utilizing a two-video camera system to get results for all competitors. There will not be bib numbers, just chips. Please make sure the chips are well secured on the shoes. Lost chips might not have official results. All chips must be returned by the end of the meet. You will be charged for missing chips.

If you have any entry questions, please email Andrew Reeves at areeves@bluevalleyk12.org

Our starter will be Pat McRoberts

Entry Link: <https://ks.milesplit.com/meets/630325-eastern-kansas-league-championship-2024/info>

The deadline for entries is Sunday October 13th, 2023 at 8:00 PM.

Enter all of your athletes that could potentially run. Enter under Girls Varsity or Boys Varsity for everyone.

Live Results Link: <http://milesplit.live/overall>

Team Camp Sites/Tents:

Teams can set up their tents/camps anywhere in the athletic facility, as long as they ARE NOT ON AN ATHLETIC FIELD. You can also set up a camp on the West side of the Starting Line. Make sure not to set up campsites ON the course itself. Please be sure to police your own area for trash clean-up.

Course Information:

The start & finish lines are south of the softball fields, about 200m down the course. The 2-loop course will be run entirely on grass between 179th, Quivira & the athletic fields. We will have both a lead & trail vehicle for the convenience & safety of the athletes. The course will be marked with fences, paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path.

The course is open to anyone at any time but it will not be marked & set up until the day of the race. If you want to come out, you can enter from the West side of the course, behind Aubry Bend Middle School.



T-Shirts

There will be a limited amount of EKL t-shirts for sale for \$15 each

Awards:

There will be a short awards ceremony to recognize the medalists & top teams in each race following the conclusion of the boys' varsity race. The awards ceremony will take place at the rock podium behind the starting line.

Individual Medals

- Varsity – Top 12 in each race
- JV & C-team – Top 12 in each race

Traveling Team Trophy:

Top team (Varsity Races Only)

Box Assignments:

BOX #	SCHOOL
1	Bishop Miege
2	Blue Valley Northwest
3	St. Thomas Aquinas
4	Blue Valley North
5	St. James Academy
6	Blue Valley West
7	Blue Valley Southwest
8	Blue Valley