

Dear Coaches:

We hope that you are off to a good season. We are excited to host your team next week.

Date: Saturday, September 21st, 2024

Location: Lexington Lake Park: 9000 Sunflower Rd., De Soto, KS, 66018

Race Schedule:

7:00am Packet pick-up at start/finish area

8:00am Combined Girls Race V/JV/C (unlimited entries) 5K 8:45am Combined Boys Race V/JV/C (unlimited entries) 5K

9:30am Awards Ceremony (by shelter)

Bus Parking & Team Areas: Buses can drop off by the shelter but need to park in the first lot by the boat ramp. Teams should set up tents and/or tarps west of the shelter and west of the paved trail in the grass along the lake.

<u>Parents and Spectators:</u> The start/finish area is congested around the shelter. Please ask all of your parents to stay out of the finish line area so that our timing crew can do their job and our meet helpers can clear athletes out of the finish area.

Starting Line/Combined Race: Our starting area is very narrow. Teams will need to be three-wide on the starting line with all their other runners behind. Team scores will be separated for varsity and JV results. The first 200 meters of the race will be very packed. The trade-off is that athletes will have more people to run with throughout the race and cooler conditions with only running two races.

Medals: Top 10 in each race. Plaques to first-place and runner-up varsity teams.

<u>Teams:</u> BV Southwest, De Soto, Heritage Christian Academy, Piper, Olathe West, Ottawa, Shawnee Mission Northwest, Spring Hill, Sumner Academy

Restrooms: The park has restroom facilities by parking lot 2. There will also be portable restrooms available.

Spikes & Course Surface: 99% of the course will be run on grass. However, there are few spots in which the course crosses pavement for a short duration.

<u>Results & Timing:</u> The race will be chip-timed. Please tell your athletes not to lose their chips. Each lost chip will result in a \$20 charge to your school. Chips must be returned to the timer at the end of the meet.

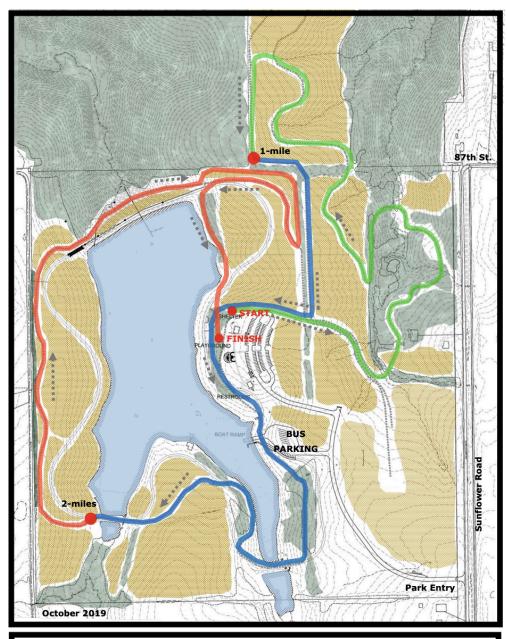
Entries: Entries are due by 8:00pm on Wednesday, September 18th. Entries will be done through Milesplit: https://ks.milesplit.com/meets/630838-desoto-invitational-2024

Entry Fee: The entry fee is \$130 per school (girls and boys combined), or \$12 per individual, if entering less than twelve runners. Please send checks to the address below or bring them to the meet at packet pick-up.

Spectator Parking: Parking is limited. You must park in a designated spot. Overflow parking along the roads in the park is available when the lots become full. Please park with at least two tires on the road if parking along the road.

Sincerely,
Michelle Mages, Activities Director
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Jack Sachse, Head XC Coach jsachse@usd232.org



5K CROSS COUNTRY COURSE @ LEXINGTON LAKE PARK

JOHNSON COUNTY PARK & RECREATION DISTRICT

